Tuesday 22\textsuperscript{nd} January and Wednesday 23\textsuperscript{rd} January 2019

As part of our ongoing spotlight on Mental Fitness, we held our third Federated event this year; ‘\textbf{It’s Cool to Collaborate}’. Over the course of the day we enjoyed a variety of events to support the children’s ability to work in pairs or groups in order to achieve success.

Rationale:

- To establish a learning environment that encourages open conversation
- To understand the benefits of working collaboratively to overcome challenges

The day began with a selection of team sports run by staff and children, staff and families were encouraged to participate. Challenges ranged from Tug of War, rounders, skipping, football, Stuck in the Mud, a three-legged race and noughts and crosses.

The rest of the day was planned to include a variety of activities that encourage teamwork and communication between our friends. These activities included:

- Team quizzes
- Science experiments working as groups
- Mathematics problems solved in teams
- Class debates
- Drama activities
- P.E. team sports and problem-solving activities
- Body percussion
- Art challenges
- Cooking

One child in each class who demonstrated excellent communication skills as well as the ability to work well in pairs/teams was then awarded with the ‘Bull’s Buddies’ award for excellent collaboration and team work. Well done everyone who took part in a team event/activity during the course of the day!